

Barnet Carers have been supporting adult and young carers across the borough for over 30 years

Our mission is to enable all carers to thrive by empowering people to live the life they want

We are currently engaging with carers as part of the development of the new Barnet Carers Strategy.



The Carers Journey



1 Identify
Your journey starts here

2 Assess
Getting to know your situation

3 Support
Support tailored to you

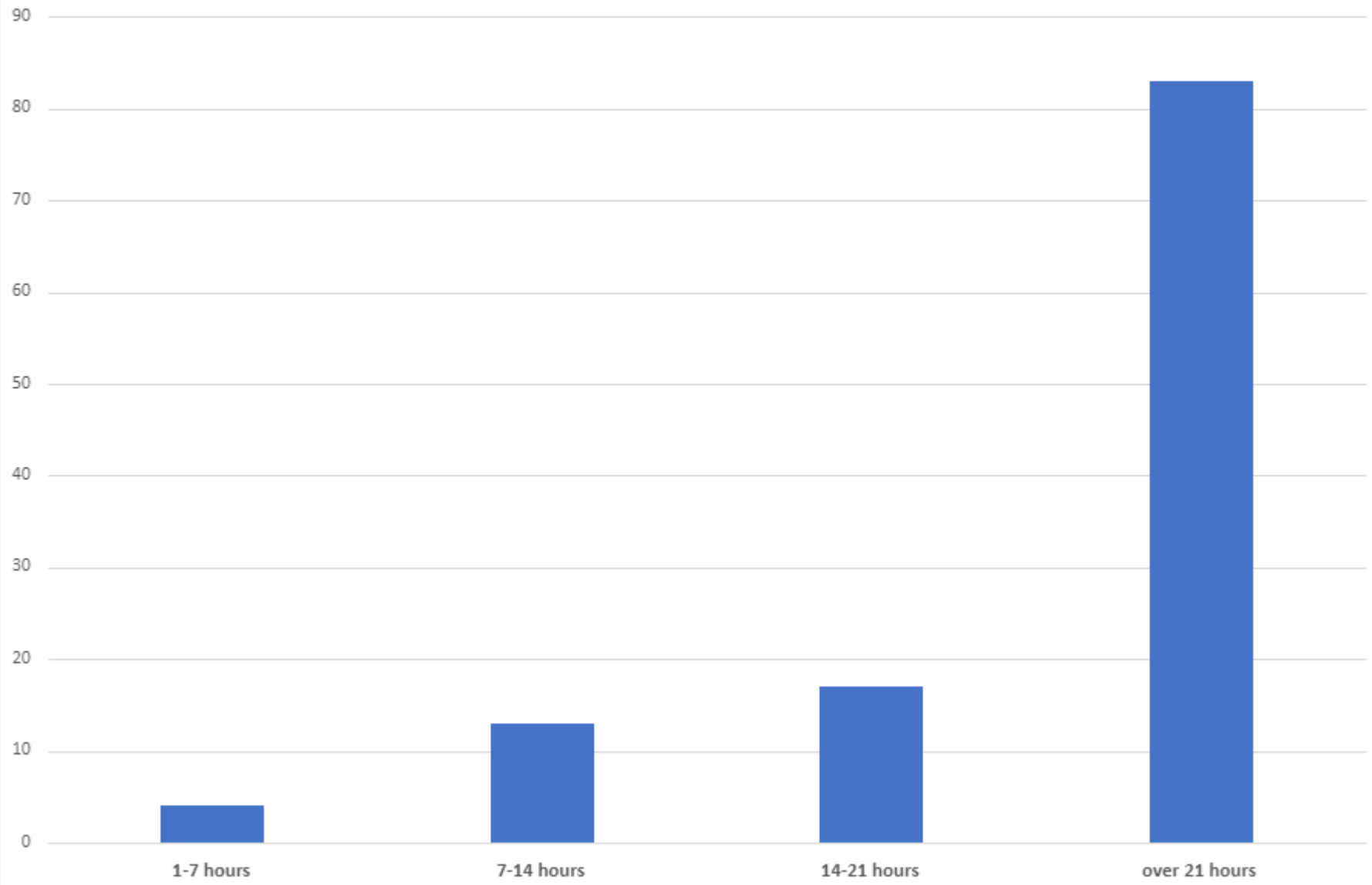
4 Review
Regularly 'checking in'

Dependent on your needs!

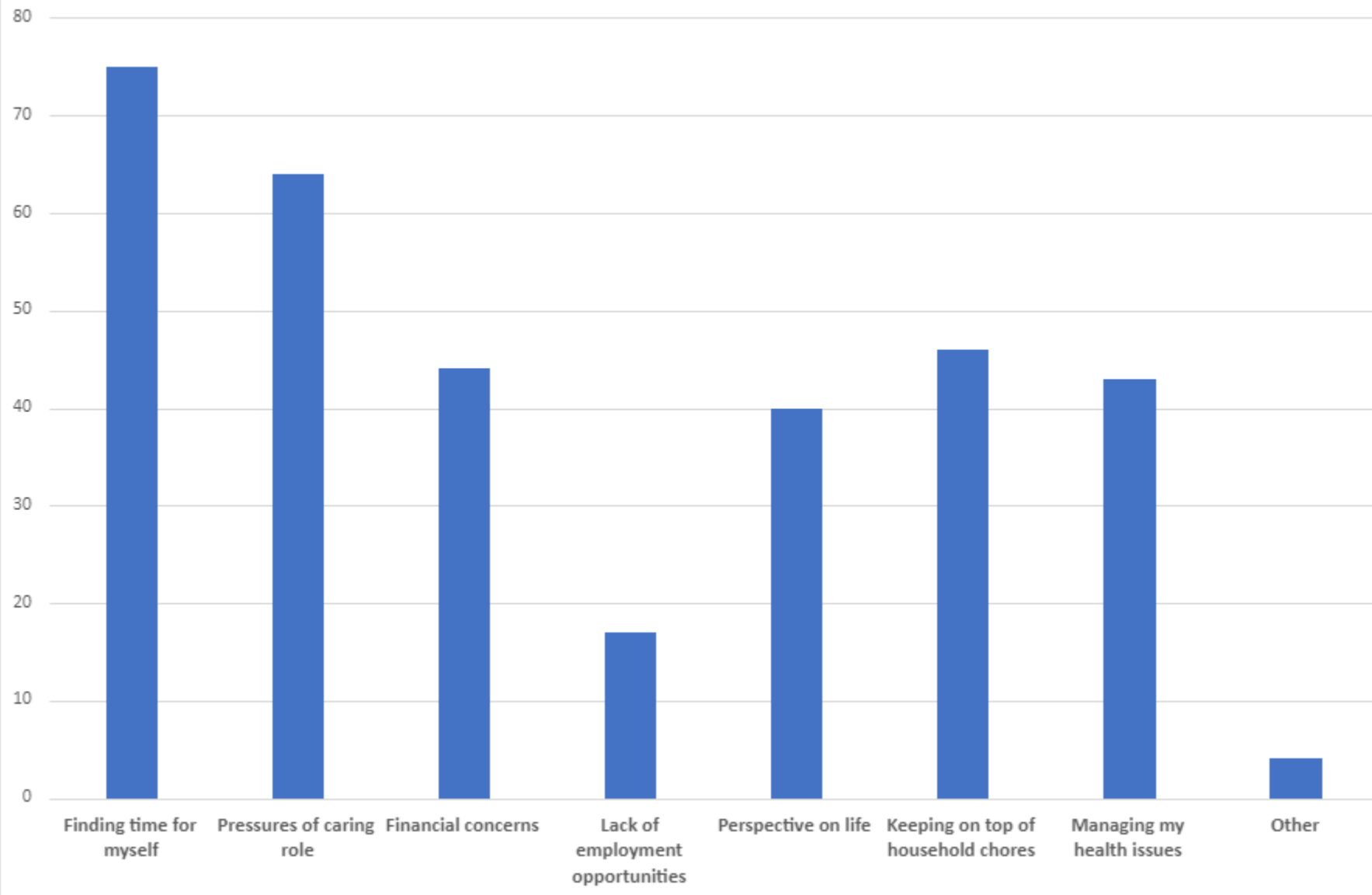
5 Enable
Supporting you towards a place where it is 'as good as it can be'



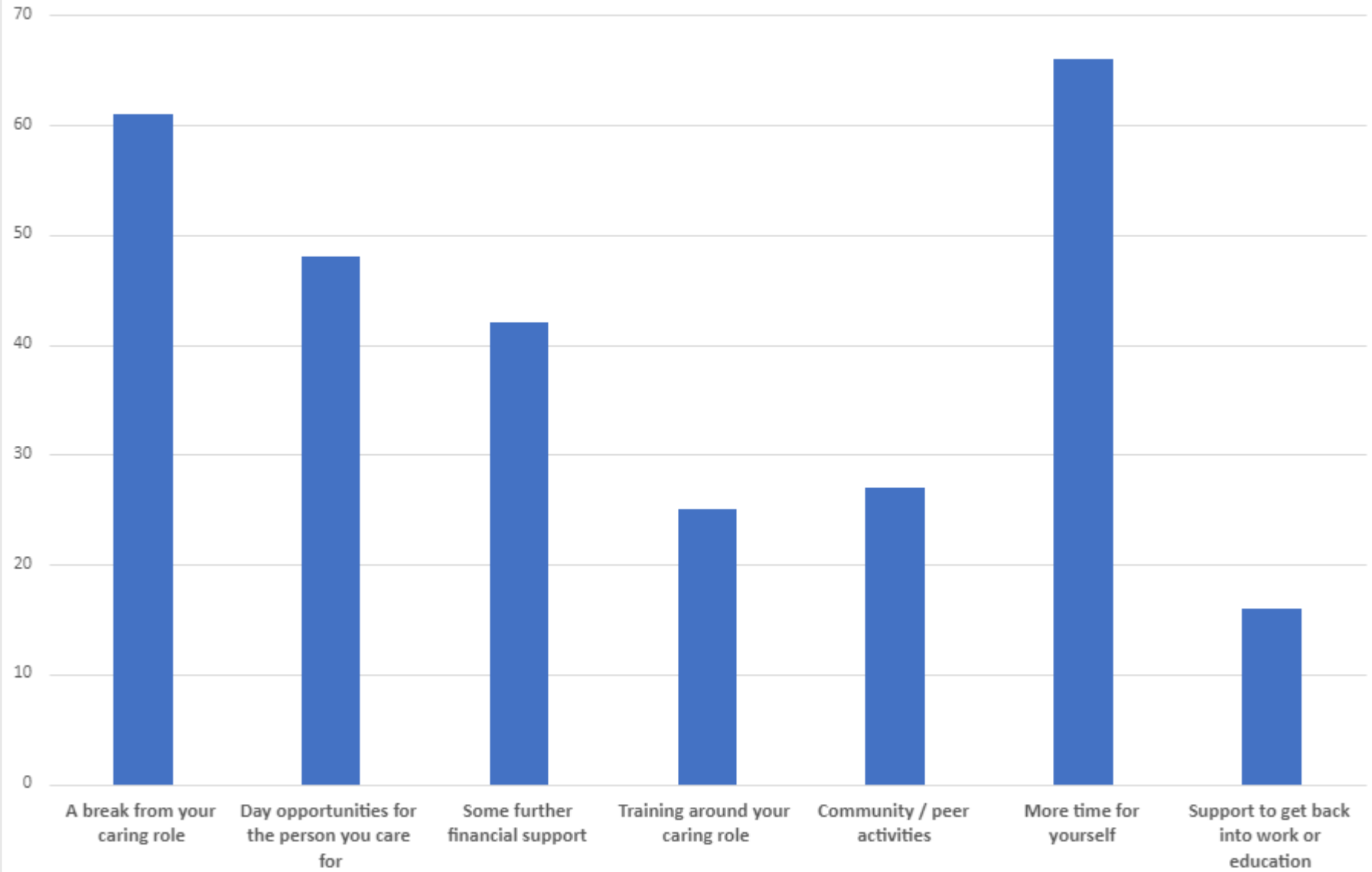
How many hours do you think that you spend caring every week (on average)?

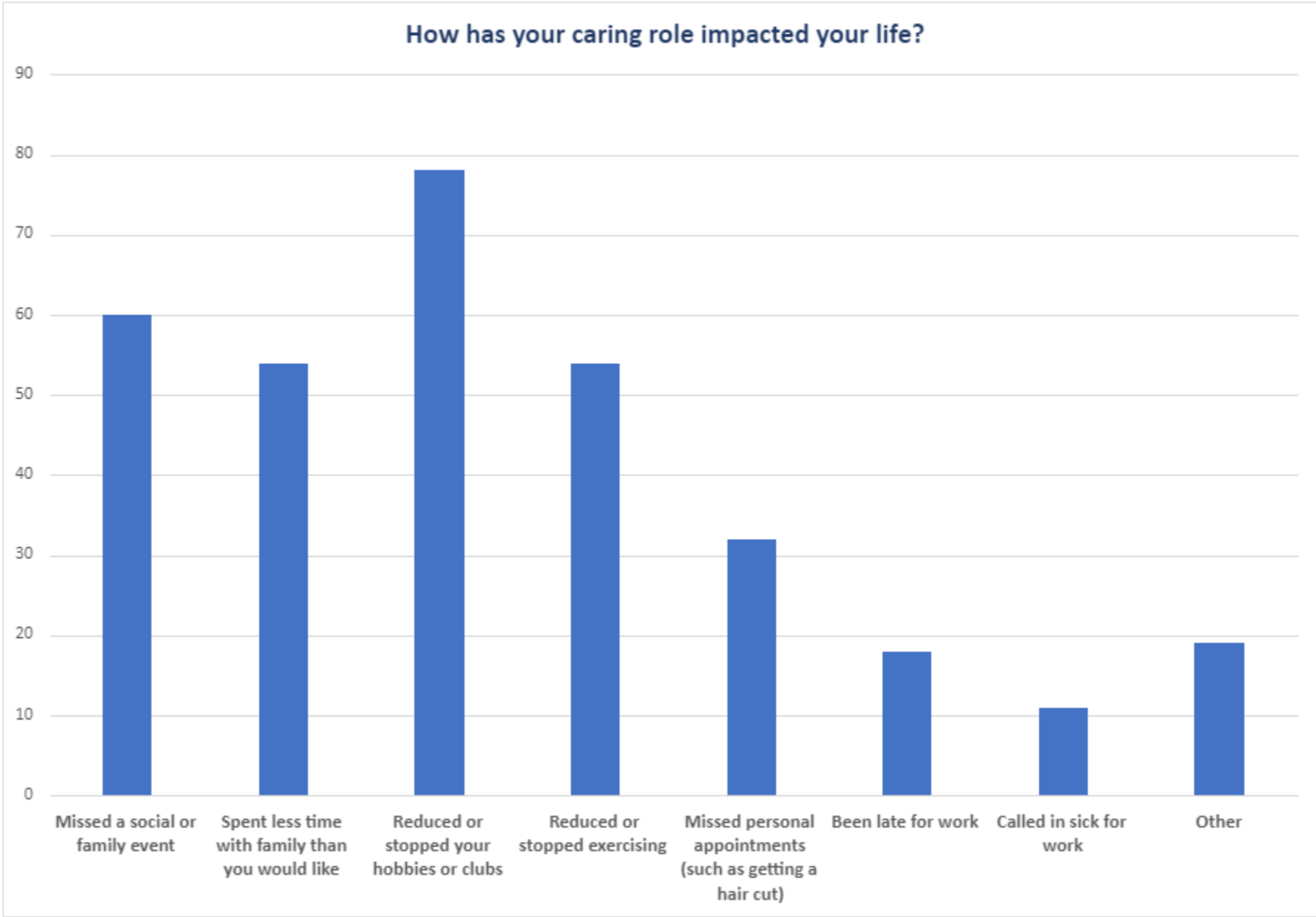


What is the most challenging thing about your caring role?

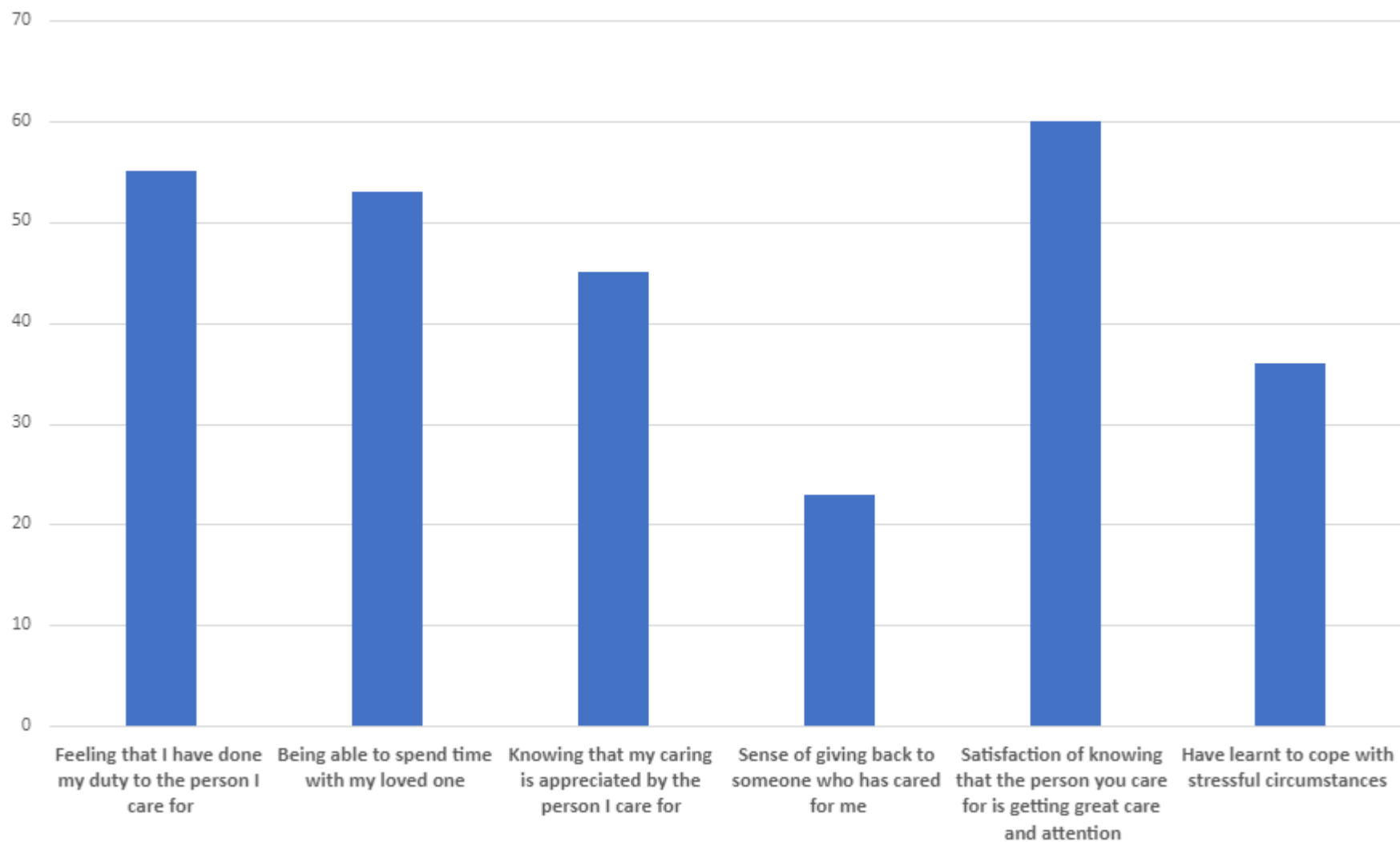


Would any of these things make a difference to your caring role?





We all know that there are challenges to being a carer, but many people also talk about how rewarding it can be. Could you try and identify for us some of the best things about your caring role (Please choose a top 2)



Through engagement survey's, focus groups and co-production

Working with the borough, other VCS organisations to help deliver a carers strategy that will make Barnet an even better place for carers and the people they care for.

Thank you for your help,
we really appreciate and will
always remember how you
have supported my family

